

100 Under \$100: One Hundred Tools for Empowering Global Women

By Betsy Teutsch

100 Under \$100: One Hundred Tools for Empowering Global Women is a comprehensive look at effective, low-cost solutions for helping women in the Global South out of poverty. Most books on this subject focus on one problem and one solution; author Betsy Teutsch instead spreads her net wide, sharing one hundred successful, proven paths out of poverty in eleven different sectors—including tech, public health, law, finance, and more—in a visually striking book full of images of vibrant, strong women farmers, health practitioners, entrepreneurs, and humanitarian tech stars doing exciting, cutting-edge work.

Eye-opening and compelling, 100 Under \$100 is an accessible entry point for globally-attuned readers excited about using a broad range of tools to empower women and help alleviate poverty in the developing world.

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100 Under \$100: One Hundred Tools for Empowering Global Women Summary Details

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Review

“In *100 Under \$100*, writer, artist and activist Betsy Teutsch showcases creative, low-cost tools that are helping the world’s most impoverished women improve their lives. You’ll learn about \$1 eye glasses, eco-toilet biogesters, biochar briquettes, and bike-powered machines to pump water or shell corn. Inspiring yet practical, lavishly illustrated and loaded with suggestions for reader engagement, this book is a goldmine for entrepreneurs, designers, philanthropists, and all who seek to expand opportunities for global women. I loved reading this book.”

—Marc Gunther, Editor at Large, Guardian Sustainable Business US

“Global health is the most rapidly expanding and exciting area of public health. *100 Under \$100* is a fascinating toolbox that will enthuse and empower public health students and professionals. This book effectively translates usual theory-based curricular content to a virtual DIY learning lab. The range of doable and affordable tools for energy, sanitation, nutrition, agriculture, health, finance and law will stimulate many to act positively to alleviate global poverty and gender-based inequalities.”

—Frank Franklin, MD, MPH, PhD, Professor Emeritus of Public Health

“Beyond being an engaging and inspirational read, *100 Under \$100* provides tangible ways of creating women’s empowerment opportunities globally. In smart and accessible prose, Betsy Teutsch aptly underscores the powerful impact an organization can have if it takes into account the complex needs of the whole person. Teutsch’s *100 Under \$100* proves to be an invaluable resource for those looking to dedicate their lives—or a few dollars—to the cause of women’s empowerment worldwide.”

—Kennedy Odede, Founder & CEO of Shining Hope for Communities (SHOFCO)

“The book is fantastic! *100 under \$100* showcases human ingenuity solving seemingly intractable problems in elegant and sustainable ways. I felt my world expanding as I pored through the ideas that Betsy Teutsch has collected. What a valuable teaching tool - with writing so clear and accessible, students will be able to grasp complex problems and creative solutions; teachers will appreciate the endless ideas for service learning and meaningful involvement!”

—Amy J. Cohen, returned Peace Corps Volunteer, 20-year Middle School Social Studies educator, Director of Education, History Making Productions

“Women do the majority of the work in many communities of the global south. Betsy Teutsch’s book of 100

tools is a smart and effective approach to building local capacity. Grouped into eleven sections ranging from health, to subsistence farming to legal practices, the choice of tools is as insightful as it is practical, as interesting as it is important. Those new to this subject will find a heartening introduction. Those with more experience are unlikely to be aware of the full range of tools on offer.”

—Professor Thomas Jacobson, Director, Master of Science in Globalization and Development Communication, Temple University

“Great job! What a resource! Betsy Teutsch has assembled a fantastic guide for all who are dedicated to building a better world, especially for women. Business students interested in social enterprise will particularly appreciate the scope of this comprehensive guide showing that solutions to our biggest challenges, from poverty to the environment, are possible.”

—Dr. Linda Scott, DP World Chair for Entrepreneurship and Innovation at Saïd Business School, University of Oxford and founder of Power Shift, the Oxford Forum for Women in the World Economy

“Betsy Teutsch has found some brilliant yet simple tools that can be used in real-life settings to improve the lives of women challenged by poverty. While the writing is accessible to the lay reader and the examples selected are aimed at specific problems, the scope is sufficiently broad that even the most tech-oriented and development-savvy folks will find something new. The photos brilliantly illustrate the many faces of women who benefit from using these tools, and help make this book a pleasure to read.”

—Susan Holck, M.D., 30-year global public health veteran, former World Health Organization Director of Reproductive Health, Geneva

“I LOVE this book. As a mother of a preemie who was the first in our NICU to do Kangaroo Mother Care, a lactation consultant, a feminist, an activist, philanthropist, and global citizen, the book resonated with me on multiple levels. My experience with collective giving through Dining For Women gives me perspective to appreciate people's power to make an impact. *100 Under \$100* has immense power because the ideas are ideas anyone can support. And, of course, I love that DFW has supported many of the featured initiatives.”

—Marsha Wallace, Co-Founder, Dining For Women

“*100 Under \$100* is a formidable accomplishment. It should be mandated reading for people in the NGO and aid worlds; it is full of interesting information, valuable to everyone who cares about conditions in the developing world. Teutsch's writing is clear and succinct, and the organization is very reader-friendly. I especially like the book's identifiers—positives in green and negatives in red—as well as the action-oriented notes at the bottom of each entry. And the photos enliven it all!”

—Brigid Blake, African Sisters Education Collaborative/Sisters Leadership Development Initiative

About the Author

Betsy Teutsch is an artist, blogger, community organizer, and environmentalist who has enjoyed a successful career as a Judaica artist and entrepreneur. As Communications Director of GreenMicrofinance, she wrote about affordable, sustainable paths out of rural poverty. She has also served as a board member for the dynamic Shining Hope for Communities and the Kibera School for Girls, and founded three chapters of Dining For Women, a national network of giving circles meeting monthly to support of women's grassroots poverty alleviation initiatives. A Fargo, ND, native, she now lives with her husband in Philadelphia, PA.

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